

2016 Asia Pacific
Lymphology
Conference

New Networks - New Solutions
26-28 May 2016 Darwin Australia



Hosted by:



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Pre Conference Workshop

Title	Lipedema – Diagnosis, Assessment and Treatment
Presenter	Dr Karen Herbst, PhD, MD. Associate Professor of Medicine, Associate Professor of Pharmacy, Director of Endocrine Fellowship, University of Arizona
Duration	3 hours
Date/time	Wednesday 25 May 2016, 1.30 pm – 4.30 pm
Venue	Vibe Hotel, Darwin Waterfront, 7 Kitchener Drive, Darwin
Learning Objectives	<p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none">• Recognize different stages of lipedema• Differentiate lipedema from phlebedema, obesity and lymphedema• Recognize co-morbidities associated with lipedema• Describe the current pathophysiology of lipedema• Perform a physical exam specific to identifying and describing lipedema tissue• Understand why it is important to assess people with lipedema for hypermobility of the joints• Understand treatments that are beneficial for people with lipedema including physical therapies, exercise, dietary recommendations, supplements and medications