

Lymphoedema Information Day

Program

7.00 am - 8.00 am 8.00 am	Tai Chi for Beginners on the Darwin Waterfront lawns Registration and trade exhibition opens
9.00 am	Chair: Lynne Strathie, NT Opening addresses Gemma Arnold , ALA President; Anna Kennedy, Executive Director, Canadian Lymphedema Framework
9.20 am	Keynote address Prof Marlys Witte, University of Arizona - Oedema, lymphoedema, and medical ignorance: current and future perspectives
10.00 am	Morning tea, posters and trade exhibition
10.30 am	Chair: Nerida Smith, Lymphoedema Assoc Queensland President Prof Jane Turner – Psychiatrist, University of Queensland - Changes in roles and responsibilities
10.55 am	Dr Ramin Shayan, University of Melbourne – Surgery for lymphoedema, and how genes can help us treat lymphatic problems
11.25 am	Lymphatic Exercises (5 mins)
11.30 am	Prof Terence Ryan, Oxford University - Why is the science and practice of skin care so important in lymphoedema?
11.55 pm	Lunch, posters and trade exhibition
1.10 pm	Chair: Kay Timmins, Lymphoedema Assoc Victoria President Dr Karen Herbst, University of Arizona – Lipoedema is not just fat legs!
1.30 pm	Lymphatic Exercises (5mins)
1.35 pm	Prof Neil Piller, Flinders University – Self management: one size doesn't fit all
1.55pm	Andrea Mangion, Lymphoedema Training and Education, Sydney - Compression garments: overview of prescription
2.15 pm	Sharon Tilley, Lymphoedema and Laser, Adelaide – Low Level Laser for treatment of lymphoedema
2.30 pm	Afternoon tea, posters and trade exhibition
3.00 pm	Chair: Monique Bareham, Lymphoedema Support Group SA President Expert Panel Session - Your pre-submitted questions answered. Panel: Karen Herbst, Jane turner, Ramin Shayan, Andrea Mangion, Sharon Tilley.
3.45 pm	Wrap up session
4.00 pm	Conference close
4.00 pm – 5.00 pm	Networking meeting for consumer groups and interested persons

Program is subject to change